



PARENT HANDBOOK

WELCOME TO CAMP SUSQUE!

Mission: Biblical evangelism and growth in Christian character for youth, young adults, and families.

Camp Susque has been a part of the greater Williamsport community for over 75 years, providing opportunities for youth, young adults, and families to "Experience their Creator." Susque is a non-denominational organization which highlights God's glory through His Creation, communicates His grace through the redemptive work of Jesus Christ, and strives to build Christian character in campers and staff through living and teaching God's Word.



ABOUT SUSQUE SUMMER CAMPS

The mission, goals, and most methods of Susque summer camps have remained largely unchanged since 1947. Your camper will have rustic accommodations, cook over a campfire, be under the leadership of a loving counselor, learn new skills, spend a week away from screens, and learn truthful, Biblical teaching.

We currently run a boys and girls session of Young Explorers Camp (1st-3rd Grade), three sessions each of Boys Camp and Girls Camp (3rd-11th Grade), five coed wilderness adventure trips (6-12th Grade), and two Family Camp Sessions.

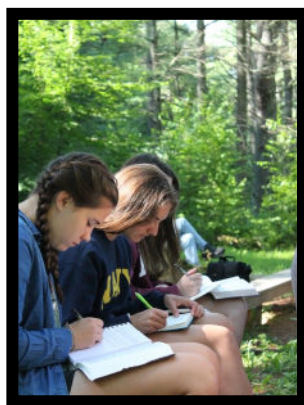


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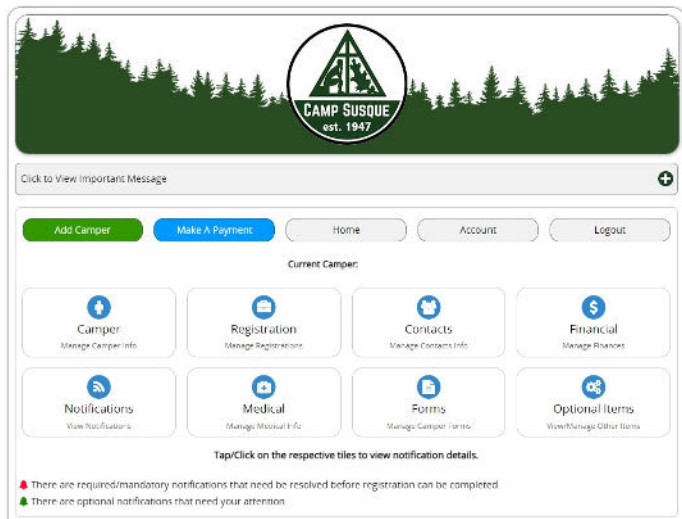
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PREPPING FOR CAMP

THE CAMPWISE DASHBOARD



This is your place to complete any required paperwork prior to camp. To access it, visit Susque.org and select "Login/Register for Camp" at the top right (desktop) or select "Account" from the hamburger menu at the top (mobile).

HEALTH FORM

This extensive form is required for your camper to attend camp. This form allows us to treat your child for minor injuries, administer medications if necessary, and alerts us to food or environmental allergies.

PAYMENT

By paying your balance ahead of time either through our website or by phone, you are taking steps to expedite your check-in process the first day of camp.

WILDERNESS TRIP WAIVERS

If your child has signed up for a wilderness trip, you may need to complete an activity waiver. Please sign into your CampWise account to complete and sign this waiver prior to arrival at Camp Susque.

ARRIVING/DEPARTING

CHECK-IN STATIONS

Station 1	Receive nametag Pay remaining balance
Station 2	Camper photo
Station 3	Check-In with nurses Confirm/Update health form Drop-off medications Clarify food allergy information
Station 4	Fill out camper pick-up form Camper receives tent/cabin and counselor assignment
Finally!	Get luggage from vehicle and move out to cabin/tent. A staff member will be available to assist. Meet your camper's counselor and say goodbye!

CHECK-IN TIMES FOR SUMMER CAMPS

Young Explorers	6-7PM	Operation Ohiopyle	4-5PM
Boys Camp	4-5PM	Adirondack Adventure 1	4-5PM
Girls Camp	4-5PM	Adirondack Adventure 2	4-5PM
West Rim Excursion	12-12:30PM	Delaware River Run	12-12:30PM

DEPARTING CAMP

With the exception of Delaware River Run, all summer camps end on the last day with a 20-25 minute closing program in the Pavilion at **9:30AM**. Parents are strongly encouraged to attend. You'll hear staff recount the highlights of the week and view a video recap of the week. You will also learn important details pertaining to your child's pick-up, including the location of lost and found, how to pickup medications, how to sign your camper out, and (of course!) an invitation to stop by the camp store!

Campers and parents will be dismissed at the conclusion of the program.

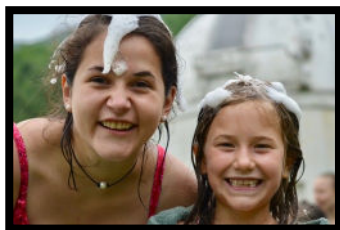


CAMPER EXPECTATIONS

CAMPERS EXPECTATIONS OF STAFF

Campers should expect to be treated with love, dignity, and care. Attention will be paid to their physical, mental, and spiritual needs. Their counselor will be their friend/brother/sister but will also establish their role of caregiver and mentor.

Your camper is encouraged to communicate with their counselor when their needs are not met or they feel uncomfortable within their cabin group. Their counselor will check with them often to ensure their time at camp is meeting or exceeding their expectations.



STAFF EXPECTATIONS OF CAMPERS

Susque staff will communicate specific rules and expectations of behavior to campers at the start of the week.

In the event that a camper does not follow behavior expectations, a counselor will address the behavior first by respectfully stopping the action and repeating or explaining the expectation. If behavior persists, the counselor may withhold participation in the next activity and will make his/her Area Coordinator aware. If behavior continues, camper will speak with the Program Director or Executive Director and be given the opportunity to adjust behavior with the understanding that further offense will lead to a call to parents and possible dismissal from camp.

At all points in the discipline process, Susque staff will maintain the safety and enjoyment of all campers. Any conflict resolution will be done intending to promote growth and develop the camper's understanding of grace and forgiveness. Susque staff will not allow a previous offense to influence their love of our campers or detrimentally affect the camper's overall camp experience.



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SAMPLE SCHEDULE

SAMPLE DAILY SCHEDULE*

7:30A	Camper Wakeup Chapel
8:30A	Breakfast Morning Electives & Bible Study Theme Game
12:30P	Lunch Cabin Cleanup Organized Free Time Rest Period Counselor Activity
5:30P	Dinner All Camp or Area Activity Campfire
9-10:30	Devotions and Bedtime

*Applies to Young Explorers, Boys, and Girls Camps with some variations. Visit our website for information on wilderness trip itineraries.

YOUNG EXPLORERS DAILY HIGHLIGHTS

Sun./Wed.	Mon./Thur.	Tue./Fri.	Wed./Sat.
Move-In Welcoming Ceremony	Cabin Group Activity Classes Cookout Lunch Pool Time	Cabin Group Activity Classes Pool Time Theme Carnival and Dinner	Closing Program with Parents

BOYS CAMP & GIRLS CAMP DAILY HIGHLIGHTS

Sat.	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Move-In Opening Campfire	Chapel in the Pines Organized Free Time (OFT) Evening Chapel	Chapel Activity Classes OFT Area Cookouts Evening Bonfire	Chapel Activity Classes OFT Cabin Group Activities	Chapel Activity Classes OFT Susque Stew Cookout Night	Chapel Activity Classes OFT All Camp Theme Activity	Chapel Activity Classes OFT Closing Chapel on Mountain	Closing Program with Parents



PACKING LIST

MODESTY STATEMENT

At Susque, we strive to convey a mindset of Christian modesty. To help accomplish this, we ask that clothing cover undergarments, midriff, and private areas.

THE ESSENTIALS

- T-Shirts, Shorts, Pants
- Socks, Undergarments
- Sweatshirt/Fleece/Windbreaker
- Poncho or Rain Jacket
- Sneakers or "Sport Sandals"*
- Sleepwear
- Footwear for Creek (not flip flops)
- Swimwear°
- Bible & Notebook
- Toiletries
- Towel & Washcloth
- Sunscreen & Bug Spray
- Re-Usable Water Bottle
- Flashlight & Batteries
- Sleeping Bag & Pillow

DON'T FORGET TO LABEL CLOTHING & PERSONAL ITEMS!



WHAT THE PROS ARE BRINGING

- Mesh bag for dirty clothes
- Extra socks & sneakers
- Backpack
- Shower caddy
- *Girls Camp* Clothes for dress up dinner night
- Stationery/Envelopes/Stamps
- Camera (not phone)
- Stuffed animal
- Extra towel
- Fitted & flat sheets
- Foam sleeping pad
- Pocketknife^
- Flip flops for shower
- Large suitcase or tote for organization

PACKING LIST

WHAT NOT TO BRING

- CELL PHONE
- Food
- Money (Camp fee is all-inclusive)
- Electronics
- Fireworks
- Large knives
- Magazines
- Clothing in conflict with Modesty Statement

LOST & FOUND

Our staff will make every effort to ensure your camper leaves camp with the same belongings they brought to camp. In the event that an item is left behind at camp, we will launder and hold onto items until the end of the camp season before donating to local charities.



- *Sport Sandals: Must have strap over heel
Example Brands: Chaco, Teva, Keen, etc
- °Swimwear: Boys-Loose fitting shorts
Girls-One or Two Piece that covers mid-riff
- ^Pocketknives: For middle/high school campers only



HEALTH & WELLNESS

FOOD

Susque boasts a rich tradition of excellent cooking and hospitality. Your camper will enjoy three meals and multiple opportunities for snacks throughout the day. Most meals will be served out of our PA Department of Health certified kitchen with some being cooked as a cabin group over a campfire. Even while away from the Dining Hall, Susque staff will take measures to ensure your camper is eating well.

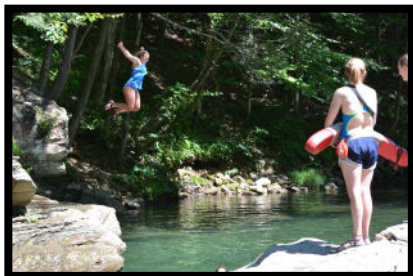
Please note any food allergies or limitations on your camper's online health form. If necessary, our Director of Hospitality will contact you to ensure your camper's experience is not hindered by their allergy or limitation.

MEDICAL CARE

During Summer Camps, a registered nurse is on call at all times, living on site and overseeing a fully stocked infirmary which includes multiple beds, Epinephrine Auto-Injector, and AED. Campers attending with prescription medications will check in with the nurse for administration. Our nurse operates under standing orders and protocols from a local doctor's office which are subject to annual review and renewal.

In addition to the camp nurse, counselors who are lifeguards are certified in Basic 1st Aid/CPR/AED.

Should your camper require treatment outside of camp staff's scope of care, the nurse or an administrator will contact you to inform or coordinate an appointment with definitive care. Please note, all treatments by camp staff are covered by camper's tuition fees. Treatment costs by outside care are assumed by parents.



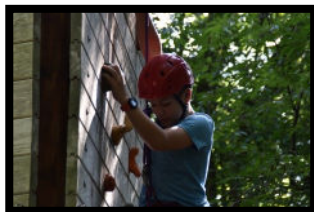
HEALTH & WELLNESS

MEDICATIONS

If your camper will come to camp with prescribed medications or over the counter medications or supplements, please note them on your camper's online health form. When you arrive at camp, please bring the medications, in their original packaging, with you through check-in. During check-in, you will meet with our nurse who will collect the medications.

Throughout the week, your camper will stop by the infirmary to take their medications.

The nurse will be available at the end of the week for you to pick up any unused or extra medications to take home.



TICKS AND LICE

Prevention, identification, and treatment of ticks and lice is an important process that requires responsibility from parents, campers, counselors, and medical staff.

Ticks are most effectively prevented by treating your camper's shoes and clothing with a permethrin spray or soak before they come to camp. Counselors will instruct campers how to check themselves for ticks. If a tick is found on a camper, it will be removed by the camp nurse and parents notified.

Please check your child before camp for **lice**. If your child has lice within two weeks prior to their scheduled arrival at camp, please do not send them. Call the office to discuss canceling or rescheduling your child's camp session. If lice are found on a camper while at camp, parents will be notified and camp staff will use CDC recommended procedures for treatment and eradication, including potentially sending the camper home.

For more info about Ticks: tickencounter.org

For more info about Lice: cdc.gov/lice



ACTIVITY CLASSES

YOUNG EXPLORER'S CAMP

During Young Explorer's Camp, your camper will participate in a number of classes each morning of camp with their entire cabin group. Classes may include crafts, nature class, Bible Study, and other classes to be determined by the year's theme.



BOYS CAMP & GIRLS CAMP

Campers will have an opportunity to pick two elective classes that will meet each morning during their week at camp. These classes are intended to teach or reinforce specific skills or experiences. Classes are tailored to campers' ages and allow for skill progression from age group to age group.

The activity class offerings vary from year to year based on specific counselor skills and availability of resources. Anchor classes that are available each year include canoeing/kayaking, BB, riflery, pottery, rocketry, and archery.

Campers will have an opportunity to investigate their interests in classes during an activity class fair on Sunday.

CHAPLAINS

Camp Susque chaplains have been considered one of Susque's greatest strengths for many generations for teaching Biblically sound messages to challenge and inspire campers to seek after Christ and pursue Godly lifestyles. Our chaplains come from a variety of denominations but are unified in their understanding of the Gospel and are in alignment with Susque's beliefs and statement of faith. Chaplains are invited by the Executive Director or the Ministry Partnerships Coordinator based off of personal interactions and recommendations from trusted sources. Like all staff on camp, background checks are collected for chaplains and they receive an orientation on our various systems and processes regarding camper and staff safety.

Chaplains present a brief message each morning before breakfast for the entire camp. Later in the morning, they have an opportunity to reinforce the message with each age group during morning Bible study time. Chaplains and their families live on camp for the week and are available to talk with and support both campers and staff.

For more information regarding Susque's Mission and Beliefs:

[SUSQUE.ORG/ABOUT/MISSION-AND-BELIEFS](https://susque.org/about/mission-and-beliefs)



LODGING

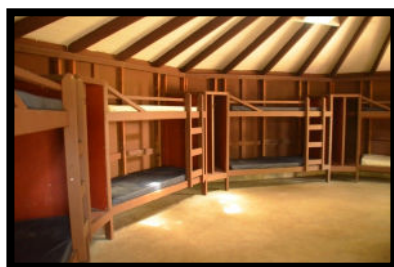
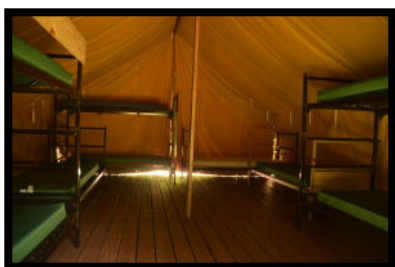
RUSTIC LIVING

Based on availability, your camper will be assigned to one of our platform tents or rustic cabin for the week. Both tents and cabins have no electricity and are a short walk to one of two showerhouses for bathroom facilities. Each type of lodge sleeps 8-10.

Your camper may be given a top or bottom bunk in their cabin. Counselors will establish storage areas for luggage early in the week and will work with campers to maintain the cleanliness of areas in order to minimize lost clothing and possessions.

Despite being rustic, our cabins and tents are held to multiple standards in accordance with our American Camping Association accreditation. Standards include mandated distance between beds, disinfectant of beds between sessions, smoke detectors in cabins, and more.

In the event of severe weather, campers will move into more permanent buildings per our emergency action plan.



CAMPER MAIL

CONTACTING YOUR CAMPER

Hearing news from home, encouraging notes, or updates on a favorite baseball team can be a highlight for your camper. Campers can receive e-mail, letters, and packages while at camp. Campers are able to send letters home but are not able to send e-mails.

TO E-MAIL YOUR CAMPER:

campermail@susque.org

Please include your **camper's name, cabin/tent name, and counselor's name** in the subject line.
Please do not include attachments.

LETTERS AND PACKAGES CAN BE SENT TO:

Camper's Name, Tent, Counselor
c/o Camp Susque
47 Susque Camp Road
Trout Run, PA 17771

*Please do not send food to your camper while at camp to minimize unwelcome critters in the tents and cabins.

YOUNG EXPLORERS CAMP

You can drop off letters at the office during check-in to be delivered to your camper throughout his/her four-day stay.



You are worthy, our Lord and God,
to receive glory and honor and power,
for you created all things,
and by your will they were created
and have their being

Revelation 4:11



47 Susque Camp Road susque@susque.org
Trout Run, PA 17771 570-998-2151